

# CONFERENCE WORKSHOPS

## FRIDAY, AUGUST 11, 1:30 PM

Creating Community Through School Gardens: C. Sands & W. Aponte  
Herd Health-Alternative Treatment Options: Diane Schivera  
Making Local Media Work for You (& Ag): Jack Spula  
Eat Your Heritage! Ethnic Gardeners: Patricia Klindienst  
Attracting Insects to Your Garden: Kathy Morris  
International Appropriate Technology: Dale Perkins  
Broody Hens & Healthy Hens on a Family Farm: Nina Keller  
Sweden's Natural Step Framework: Terry Gips  
Fantastic Flowers: Flowering Plants as Herbal Allies: Jane I. LaForce  
VT Feed (VT Food Education Every Day): Abbie Nelson  
Soils, Water & Plant Relationship: Kevin Stitt  
Gardening with Ferns: Alan Kettler  
Homestead Discussion & Idea Exchange: Margaret Christie & Nicholas Jones  
Legacy of the Peacemaker: Marcine Quenzer  
Breeding Better Varieties for NE Organic Farms: E. Dyck & T. Ferrin  
Cuba's Ecological Pathway: D. Levins  
Practical Plumbing for the Homestead: Sharon Gensler  
Climate Change, Agriculture & Renewable Energy: V. Grubinger  
Bovine Leukemia Virus, Connections of Cow & Human Cancer: M. Roman  
Beyond Pesto!: Amy LeBlanc  
Beginner's Guide to Tractor Maintenance & Use: B. Wooster

### Teens

Milking Around the World: Tasha Connor & Ruth Terry  
Tie Dye: Sharon Begley

### Children

Racing Turtles: Mary Lou Conna (5-6)  
Chickens Make Great Pets!: Meghan Taylor (all ages)  
Didgeridoo: Matt Lafond (all ages)

## FRIDAY, AUGUST 11, 3:30 PM

Introduction to Natural Building: Sarah Machtey & Mark Piepkon  
Managing & Promoting Farm Ed. Programs: Brooke Redmond  
Why Can't I Digest my Food?: Gene Fitzpatrick  
The Laundry Line: Why Do We Hang It Out to Dry?: Linda Avis Scott  
Waste Equals Food: Sustainable Homesteading: Nelson Lebo  
CSA's Around the World: Elizabeth Henderson  
Commercial Organic Blueberry Production: Bill MacKentley  
Aromatherapy De-Mystified!: Carol Joyce  
Winter Salad Green Production: Lynda Simkins & Jed Beach

My Weed-less Garden: Lee Reich  
Holding on to Organic: Steve Gilman  
Cottage Gardening Through the Seasons: Priscilla Williams  
What's Killing My Crops? Plant Disease ID: Becky Grube  
Low Cost Range Feeder for Geese: Richard Murphy  
100 Ways to Cut your Energy Bill: R. Maddox & J. Gagliano  
Who Controls Our Food?: Brian Tokar  
Update on Chinese Medicinal Herb Production: Jean Giblette  
Land Conservation Options: Dan LaRoche  
Creating Your Niche: D. Palumbo  
Tie Dye: Sharon Begley  
The Physical Language of Plants: Chris Marano  
Hampshire College Farm Tour: L. Cox

### Teens

Nia Technique: Maria Skinner  
**Children**  
Spinning Rabbits: Jill Horton Lyons & Jim Lyons (7-12)  
Lesson from the Beehive: Ross Conrad (all ages)  
Paper Making: R. Silverman (7-12)  
Games from Victorian Times & Before: Jennifer Byington (7-12)  
Carding & Felting Wool: Pam Kimball-Smith (all ages)

## SATURDAY, AUGUST 12, 6:30 AM

Nia Technique: The Body's Way to Joy: Maria Skinner  
Yoga & Meditation in the Morning: Fred & Debra Wirth

## SATURDAY, AUGUST 12, 8:00 AM

Raw Milk Information for the Wise Consumer: Melanie Ferreira  
Local Money for a Local Economy: Amy M. Kirschner  
Home Worm Composting: Mary Donnelly  
Business Planning: An Introduction for Farmers: Jenny Hausman  
A Sacred Earth Circle: Adele Smith-Penniman  
Low/Positive Impact Forestry: Terry Janosik  
Blueberry Growing On the Homestead: Louis Battalen  
Small Organic Apple Orchard: Bill MacKentley  
A Tale of Two Homesteads: Laurie Freeman & Dave Smalley  
Eating Oil: Energy in the Food System: Bill Duesing  
Farm Pond Aquaculture: Craig Hollingsworth & Reed Baldwin  
Growing Grapes in New England: Jack Kittredge  
The 2007 Farm Bill: Advancing Organic Agriculture: Beth Fraser  
Adventures in New Zealand Homesteading: Ron Robillard  
Indoor Composting with Red Worms: Carol Schminke & Lynette Courtney

Helping the World Survive the End of Cheap Energy : Dave Conna  
Avian Influenza Activities as They Relate to Poultry: Ed Hageman  
How & Why to Build Your Own Straw-Bale Home: David Demerest  
Making Sourdough Bread at Home: Chris Burke  
Why's & How's of Sheep: Jill Horton Lyons & Jim Lyons  
Food Bank Farm Tour: Weed & Harvest Management: Michael Docter  
Hands-On Earth Building, Part 1: J. Vitale-Wolff & S. Machtey  
Wild Weed & Medicinal Plant Walk: Dr. Eugene Zampieron  
Hands on Draft Horses: Dale Perkins

### Teens

Engaging Youth in Agriculture & Enterprise: Miriam Stason & youth interns  
Introduction to Gokukai Karate: Ciaran Murphy

### Children

Earth Building: L. Penniman (all ages)  
Hampshire College Farm Tour: Leslie Cox (all ages)  
Patchwork Quilting: Mary Lou Conna (9-12)  
Sing Your Heart Out!: Cheri Robartes (all ages)

## SATURDAY, AUGUST 12, 10:00 AM

The Earth Charter: Blueprint for Sustainability: David Yarrow  
Victory Gardens: Rich Pederson  
How to Write Press Releases & Other Farm Publicity: Janisse Ray  
Ecovillages & Social Change: Daniel Greenberg, Ph.D.  
Progress in Saving the Planet-The Big Picture: Ted Conna  
Negotiation Skills for Everyday Use: Cary Quigley  
Organic Hog Management: Michael & Karma Glos  
The Farm Individuality - Basis & Centerpiece of Biodynamics: Rachel & Steffen Schneider  
Cosmology, Farming & Bioregionalism: Sister Miriam McGillis  
Miso-Making at Home: Jim Strickland & Terry Beckett  
Winter CSA: Stewart & Deb Ritchie  
Drip Irrigation for Your Garden: Lee Reich  
Having a Sabbath in your Life: Terry Gips & Annalee Wolf  
Tree Biology & Tomorrow's Heritage Trees: Dr. Kevin T. Smith  
Foot Massage: Carolyn Hottle  
Growing Organic Fiber for Clothing in the Northeast: Lori Wyman  
Photographing Farms: Art & Activism: Jason Houston  
Value Added Products in Support for a Regional Food System: Dan Rosenberg  
National Animal ID: Govt/Corp Power Runs Amok?: Mary Zannoni

Creating a Farm & Homestead on Marginal Land (While Penniless): Susana Lein  
Just Food: NYC Opportunities for Regional Farmers: Paula Lukats  
Eating Wilder: Including Wild Foods in the Diet: Jane I. LaForce  
Cow Talk: Leslie Cox & Mark Fellows  
Tour of Hampshire College CSA : Nancy Hanson  
Hands-On Earth Building, Part 2: J. Vitale-Wolff & S. Machtey

### Teens

Introduction to Irish Dancing: Keavy Murphy & Robin Nagel  
Eating What You Grow: Jalilah & Ippy Ammatul-Wadud

### Children

From Archimedes to Africa: Water Pumps: Phil Wooldridge (7-12)  
Working with Oxen: Amy & Ben Murray (all ages)  
Nature Games & Explorations: Mary Spaulding (5-12)

## SATURDAY, AUGUST 12, 1:00 PM

Medicinal Herbs of New England: Ellen Evert Hopman, M.Ed.  
Setting up a "Grade A" Dairy: Clifford Hatch  
Connect Businesses w/ Farmers: Margaret Hathaway Schatz & John Weaver  
A Sick Sheep is Not a Dead Sheep: Mary Ellen Finger  
Nature as Model: Gardening with High Schoolers: Nelson Lebo  
Farm Camp Challenges & Opportunities: Lisa Holderness  
Research Update on Organic Materials Used in Landscapes: Brad Roeller  
Farmy Cooking for Beginners: Carolyn Llewellyn  
Organic Gardening 101: Frank V. Albanil Jr.  
Growing Great Fall Brassicas: Nancy Hanson  
Raising Healthy, Organic Children: Terry Gips & Annalee Wolf  
How to Get Started in Beekeeping: Roland Sevigny  
Biological Control - What is Worth the Money?: Kimberly Stoner  
Long Term Water Quality Monitoring: Elizabeth Perry Thomas  
A Walk for Land to Put in Trust: Juanita Nelson  
Conserving Energy on the Farm: James Van Bokkelen  
The Source of Dis-ease: Inside-Out / Outside-In: Haya Goderez  
Questioning the Invasive Species Paradigm: Dave Jacke & Jono Neiger  
Garbage, Food & Energy: How We Make a Difference: Mark Warford  
Essence of Indian Cooking: Roshni & Dan Kittredge  
Working With Oxen on an Educational Farm: Amy & Ben Murray  
Tour of Nasami Farm: Miranda Fisk

## CONFERENCE WORKSHOPS, continued

Edible Forest Garden for Your Backyard: Jonathan Bates

### Teens

Knitting & Soap Bubbles: Brid Murphy  
The Sixth Sense: Discover Your Intuitive Mind. David Yarrow

### Children

Parade Prep: Eron Sandler (all ages)

### SUNDAY, AUGUST 13, 6:30 AM

Nia Technique: The Body's Way to Joy: Maria Skinner  
Yoga & Meditation in the Morning: Fred & Debra Wirth

### SUNDAY, AUGUST 13, 8:00 AM

CSA Risk Management: Stewart & Deb Ritchie

Community Composting: Karen DiFranza

Writing for Health, Part Two: Suellen Rust

Back-Saving Biomechanics: Erica Myers-Russo

Produce & Market African & Asian Crops: H. Joseph & J. Hashley

Peak Oil & Sustainability: Tad Montgomery

Estimating Landscape Projects: Frank Crandall

Water-Friendly Landscaping: Mary Whitney

Winter Vegetable Production: Bryan O'Hara

Innovative & Extensive Cover Cropping in the Market Garden: David Fisher

Seed Saving, Brassicas & Grains: Bryan Connolly & Diane Dorfer

Asparagus: Dick McDermott & Torrey Reade

A Diverse Farm in Urban Sub Tropical Bermuda: Thomas Wadson

On-Farm Biodiesel Production: John Williamson & Steve Plummer  
Labyrinth for Home Garden Farm: Charles Hubbard

Ecosystem Mimicry: Pattern Language for Garden Design: Dave Jacke

Living the Life You've Always Wanted: Terry Gips & Annalee Wolf  
Brookfield Farm (CSA) Tour: Jeff Tober  
Making Your Own Flavored Oils & Vinegars: Leslie Cerier

### Teens

Watch Where You Step: Ecological Footprints: Meghan Taylor

### Children

Duck, Duck, Goose: Jill Horton Lyons & Jim Lyons (all ages)

East Meets West: Dragons: Lorna Wooldridge (7-12)

Decoupage Discovery: Janna Boettcher (all ages)

The Knitting Gritty: A. Nelson (9-12)

### SUNDAY, AUGUST 13, 10:00 AM

City Chickens: Keeping Hens in Cities & Suburbs: Meghan Taylor

The Benefits of Organic Gardening with Children: Heidi Douglass

Natural Building Round Table: Jonah Vitale-Wolff & Mark Piepkon

CranioSacral Therapy and Compassionate Touch: C. Gilliam

Primitive Weaving on a Warp Weighted Loom: M. Greenberg

Remineralization: Joanna Campe  
Building Healthy Soil at Peacework Farm: Elizabeth Henderson

Rain Gardens in Detail: Mike Nadeau

Creating a Healing Environment w/ Integrative Nutrition: K. Ladue  
Growing Fertile Soil: Bill Duesing  
The Skeptical Gardener on Compost Tea & Other Myths: Lee Reich  
Farm Systems for Organic

Vegetable Farms: Ryan Voiland  
Farming with the Community: Lynda Simkins & Jed Beach  
Organic 100% Grass Fed Beef: Ridge Shinn

Radical Urban Sustainability Training: Scott Kellogg

Raw Milk Production: C. Phippen, R. & P. Robinson

Raspberry Basics: Ed Stockman  
Birthing - A New Paradigm: Monique Gauthier

Yogurt Making: Abe Mabey

Ethical Wild Crafting & the Lunar Calendar: Chris Marano

Simple Gifts Farm Tour - Start-up CSA: Jeremy Barker-Plotkin

### Teens

The Perennial Challenge: J. Bates

### Children

Riddles, Rhymes & Playing w/ Words: Brett Thelen & Eron Sandler (7-12)

Simple Gift Making: Julie Hawk Owl (7-10)

Children's World Percussion Circle: Stephanie Seskin (5-10)

Wild Observation: Nature Journaling: Raven Burchard (9-12)

### SUNDAY, AUGUST 13, 1:00 PM

Tree Medicine - Tree Magic: Ellen Evert Hopman, M.Ed.

Race, Class & the Urban Challenge to Organics: Casey Burns

Diaper-less Babies: Susan Cote

Trace Elements, Fertility & Health: The Most from the Least: D. Yarrow

Potatoes: Bryan O'Hara

Multi-Species Poultry: Michael & Karma Glos

Identifying Diseases of Vegetables & Floriculture: Bess Dicklow

Seed Saving, Cucurbits and Nightshades: Bryan Connolly & Diane Dorfer

Local Food for All: Kelly Coleman & Enid Wonnacott

Toxic Soil Busters: Cleaning Up Our Soil: M. Feinstein & S. Toussant

Singing for Love of Land & Life: Eveline MacDougall

Basics of Canning & Freezing: Nina Keller

Work Horses in the Market Garden: David Fisher

Basic Felting: Jill Horton Lyons & Jim Lyons

Tour of Side Hill Farm: Paul Lacinski & Amy Klippenstein

Weed Wisdom Walk: Jane I. LaForce

Tour of Red Fire Farm: Ryan Voiland

### Teens

Growing Your Own Multicultural Garden: Betsy V.G. Mariere

### Children

Exploring Insects: Julie Callahan & Stephan Holbrook (all ages)

Creative Dance & Movement: Vicky Peters (5-8)

Birds of a Feather!: Alison Cella-Mowatt (all ages)

A Feast of Edible Flowers: Shakti Sadeh & Kristen Getler (9-12)

Beeswax Wonders: Robin Nagle

## NOFA SUMMER PRE-CONFERENCE 2006

### Sowing the Seeds for the Next Generation: Food and Farming Education

Thursday, August 10 from 1:00 to 5:00 PM and Friday, August 11 from 8:00 to Noon

Through a series of hands-on workshops, panel discussions, plenary talks and networking sessions, participants will discuss new innovations in the field of food and farming education. Expert farmers and educators from throughout the northeast will share their ideas about on-farm education programs, connecting agriculture to the classroom and adult farming education.

Presenters include: Mikey Azzara of NOFA-NJ; Sara Coblyn Porth of UVM Extension; Leslie Cox and Nancy Hanson of Hampshire College; Bill Duesing of CT NOFA; Kelly Erwin of MA Farm to School Project; Deb Habib of Seeds of Solidarity Farm and Education Center; Dan Kaplan of Brookfield Farm; Ian Marvy of Added Value and Herban Solutions, Inc.; Abbie Nelson of NOFA-VT; Amy Watmough and Keely Deutch of Shelburne Farms.

**Participants are encouraged to bring posters, photos and flyers about their programs to display during the pre-conference networking sessions.**

## PLUS!! - MINI-CONFERENCE ON THE NATIONAL ORGANIC ACTION PLAN

### What will organic look like in the next 10-20 years?

The 2006 NOFA Summer Conference is proud to host the first in a series of national dialogue meetings sponsored by the National Campaign for Sustainable Agriculture, Rural Advancement Foundation International, and National Organic Coalition.

Participate in a nationwide dialogue that will examine national and federal priorities for organic agriculture. Organic agriculture in this country has a future beyond a federal program – help to map it out and stay on course.

**This mini-conference will run concurrent with the pre-conference.**

For specific details, contact Liana Hoodes at the National Campaign for Sustainable Agriculture: 845-744-2304 (phone/fax) or [Liana@hvc.rr.com](mailto:Liana@hvc.rr.com). Website is <http://www.sustainableagriculture.net>.