

NOFA/Mass Advanced Growers' Seminar on Nutrient Density

# Soil Mineral Nutrition

Learn to grow & market foods with superior nutrient quality and flavor, decrease disease and insect pressure and increase yields.



February 5-7, 2009  
Barre Congregational Church  
Barre, Ma



Taught by

**Arden Andersen, Ph.D., D.O.**

**Doctor, Dairy Farmer, Agriculture Consultant Ph.D. in Biophysics, D.O. in Medicine.**  
Arden Andersen advises some of the largest farms in the world and, as a physician, knows that many health problems start in the way the food is grown.



Registration for the seminar is \$195. With NOFA member and early-bird discount it is \$165. Pre-registration is required and seminar enrollment is capped at 150 people.

For more information or to register contact Ben Grosscup, 413-658-5374 or [ben.grosscup@nofamass.org](mailto:ben.grosscup@nofamass.org)  
[www.nofamass.org/seminars/winterseminar](http://www.nofamass.org/seminars/winterseminar)  
[www.realfoodcampaign.org](http://www.realfoodcampaign.org)

Topics covered:

- Biological approach to agriculture
- Balancing soil minerals
- Full spectrum fertility
- Biological soil enhancement
- Natural Materials to increase soil fertility
- Build pest & disease resistance
- Monitor crop quality & nutrient density
- Test to evaluate ecological management
- What weeds tell about soil fertility
- Produce crops with balanced nutrition

Sponsored by The Northeast Organic Farming Association, Massachusetts Chapter,  
Real Food Campaign, Whole Foods Market, Stonyfield Farm, Boston Organics, Green Fields Market,  
International Ag Labs, Lancaster Agricultural Products,  
Pike Agri-Lab Supplies, Inc, Lookfar Agricultural Services.

